



**PREPARING FOR CT EXAMINATIONS  
IMPORTANT INSTRUCTIONS FOR OUR PATIENTS**

Please arrive 10 minutes before your scheduled appointment time to allow adequate time for registration.

Child care is not available at Memorial's Valley Imaging. Please make prior arrangements for the care of your child(ren).

If you have a history of allergy to x-ray dye or decreased kidney function, please contact our scheduling department (509) 248-9592 prior to your appointment.

For female patients of childbearing age: If you are pregnant or could be pregnant, please tell the technologist before your study.

If you are diabetic and on Glucophage, it must be withheld for 48 hours after the procedure. It is recommended that renal function be re-evaluated and found to be normal before reinstating Glucophage. Please contact your physician.

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- ❖ **CT Head and/or**
  - ❖ **CT Neck and/or**
  - ❖ **CT Chest**

Nothing to eat 4 hours prior to your appointment. Clear liquids up to 1 hour prior to your appointment. Medications may be taken. Some examinations require injection of x-ray dye in a vein.

- ❖ **CT Abdomen and/or Pelvis**

Nothing to eat or drink 4 hours prior to your appointment. Medications may be taken with a small sip of water.

You will be given liquid to drink 1 hour prior to your examination which allows us to better visualize your intestines. You may contact our office to make arrangements to pick up the oral contrast to drink prior to your appointment by calling our scheduling department at (509) 248-9592.

Dependent upon your medical condition, an injection of x-ray dye in a vein may be needed.

- ❖ **CT Sinus**
- ❖ **CT Spine**
- ❖ **CT Extremities (Hand, Wrist, Elbow, Shoulder, Knee, Ankle, Foot)**

No preparation is required.