



All exams & descriptions apply to both Virginia Mason Memorial and Valley Imaging

Please arrive 10 minutes before your scheduled appointment time to allow adequate time for your registration.

Child care is not available at Virginia Mason Memorial's Valley Imaging. Please make prior arrangements for your child or children.

## ULTRASOUND EXAMINATIONS

- Abdominal Ultrasound – evaluation of the liver, gallbladder, pancreas, kidneys, and spleen. Do not eat or drink 8 hours before the exam. Do not chew gum. Medication is ok with sips of water.
- Aorta Ultrasound – evaluation of the large artery in the abdomen which extends into the pelvis. Do not eat or drink 8 hours before the exam. Do not chew gum. Medication is ok with sips of water.
- Obstetric Ultrasound – evaluation of a pregnancy. Please arrive fully hydrated with a full bladder. You will be able to empty your bladder before the end of your exam. You may need an internal (transvaginal) ultrasound depending on the state and/or gestational age of your pregnancy. Transvaginal ultrasounds are done with an empty bladder after the study is done with a full bladder. Drink 32 oz of a non-carbonated beverage an hour before your exam time.
- Pelvic Ultrasound – evaluation of the uterus and ovaries. Please arrive fully hydrated with a full bladder. You will be able to empty your bladder before the end of your exam. You will also have an internal (transvaginal) ultrasound. Transvaginal ultrasounds are done with an empty bladder after the study is done with a full bladder. Drink 32 oz of a non-carbonated beverage an hour before your exam time.
- Kidney Ultrasound – evaluation of the kidneys and bladder. Please arrive fully hydrated, and you will be able to empty your bladder shortly after the exam has started.
- Carotid Ultrasound – evaluation of the carotid arteries in the neck. No prep is required for this exam. It makes the exam easier if you wear a shirt with a loose neck.
- Venous Doppler Ultrasound – evaluation of the veins (leg or legs/arm or arms) to evaluate for the presence of a blood clot. No prep is required.
- Thyroid or Neck Ultrasound – evaluation of the thyroid gland or the soft tissue of the neck. No prep is required. It makes the exam easier if you wear a shirt with a loose neck.